

NSW Maccabi Triathlon and Cycle Club

Results of Triathlon on Sunday 19 Apr 2015

	TotalTime	5-Run Place	Leg Time							
			1-Swim	2-T1	3-Bike	4-T2	5-Run			
1										
Open-Male-Olympic										
	Craig Pager	02:24:23	1	0:28:42	0:00:24	1:17:20	0:00:46	0:37:11		
	Alan Kaplan	02:26:40	2	0:29:13	0:00:00	1:14:23	0:00:12	0:42:52		
	Mark Haber	02:41:08	3	0:30:38	0:00:00	1:18:32	0:00:48	0:51:10		
	Michael Besser	02:51:08	4	0:31:56	0:01:34	1:22:15	0:01:45	0:53:38		
2										
Open-Female-Olympic										
	Suzy Cohen	03:21:19	1	0:35:25	0:01:21	1:36:01	0:00:42	1:07:50		
4										
Open-Male-Sprint										
	Roy Cohen	01:15:08	1	0:13:22	0:00:16	0:39:36	0:00:18	0:21:36		
	Gad Krebs	01:16:55	2	0:13:23	0:00:45	0:38:12	0:00:00	0:24:35		
	Daniel Butt	01:19:51	3	0:13:33	0:01:03	0:40:16	0:00:38	0:24:21		
	Larry Cohen	01:22:28	4	0:16:08	0:01:04	0:40:16	0:01:20	0:23:40		
	Malcolm Kofsky	01:30:30	5	0:16:13	0:00:51	0:41:44	0:00:00	0:31:42		
	Josh Itzkovic	01:36:03	6	0:19:06	0:02:26	0:47:14	0:01:01	0:26:16		
	Marty Knespal	01:40:12	7	0:17:34	0:00:52	0:49:15	0:01:18	0:31:13		
6										
Open-Team-Sprint										
	Paul/Jacqueline Stone/Stone	DNF	1	0:16:04	0:00:00	0:51:29	0:00:50	0:00:00		
7										
Enticer 1-Male-100, 4km, 1km										
	Oscar Falvey	00:37:54	1	0:04:43	0:02:22	0:23:28	0:00:17	0:07:04		
8										
Enticer 1-Female-100, 4km, 1km										
	Maria Falvey	00:27:26	1	0:02:51	0:02:00	0:14:56	0:00:20	0:07:19		
	Zoe Pager	00:32:18	2	0:03:31	0:03:10	0:17:50	0:00:17	0:07:30		
	Montana Pager	00:33:56	3	0:04:41	0:02:44	0:18:01	0:00:24	0:08:06		
10										
Enticer 2-Male-200, 8km, 2km										
	Zane Simmons	00:44:13	1	0:04:42	0:01:17	0:25:43	0:00:44	0:11:47		
11										
Enticer 2-Female-200, 8km, 2km										
	Sabrina Zulman	00:50:42	1	0:06:30	0:01:42	0:28:01	0:00:35	0:13:54		
	Mima Schwartz	01:04:35	2	0:06:35	0:01:16	0:36:34	0:00:00	0:20:10		

1-Swim			
	Swim Rank	Swim	Pace/100m
1			
Open-Male-Olympic			
	Craig Pager	1	0:28:42
	Alan Kaplan	2	0:29:13
	Mark Haber	3	0:30:38
	Michael Besser	4	0:31:56
2			
Open-Female-Olympic			
	Suzy Cohen	1	0:35:25
4			
Open-Male-Sprint			
	Roy Cohen	1	0:13:22
	Gad Krebs	2	0:13:23
	Daniel Butt	3	0:13:33
	Larry Cohen	4	0:16:08
	Malcolm Kofsky	5	0:16:13
	Marty Knespal	6	0:17:34
	Josh Itzkovic	7	0:19:06
6			
Open-Team-Sprint			
	Paul/Jacqueline Stone	1	0:16:04
7			
Enticer 1-Male-100, 4km, 1km			
	Oscar Falvey	1	0:04:43
8			
Enticer 1-Female-100, 4km, 1km			
	Maria Falvey	1	0:02:51
	Zoe Pager	2	0:03:31
	Montana Pager	3	0:04:41
10			
Enticer 2-Male-200, 8km, 2km			
	Zane Simmons	1	0:04:42
11			
Enticer 2-Female-200, 8km, 2km			
	Sabrina Zulman	1	0:06:30
	Mima Schwartz	2	0:06:35

3-Bike			
	Bike Rank	Bike	Average Speed
1			
Open-Male-Olympic			
Alan Kaplan	1	1:14:23	32.27
Craig Pager	2	1:17:20	31.03
Mark Haber	3	1:18:32	30.56
Michael Besser	4	1:22:15	29.18
2			
Open-Female-Olympic			
Suzy Cohen	1	1:36:01	25.00
4			
Open-Male-Sprint			
Gad Krebs	1	0:38:12	31.41
Roy Cohen	2	0:39:36	30.30
Daniel Butt	3	0:40:16	29.80
Larry Cohen	3	0:40:16	29.80
Malcolm Kofsky	5	0:41:44	28.75
Josh Itzkovic	6	0:47:14	25.41
Marty Knespal	7	0:49:15	24.37
6			
Open-Team-Sprint			
Paul/Jacqueline Stone\	1	0:51:29	23.31
7			
Enticer 1-Male-100, 4km, 1km			
Oscar Falvey	1	0:23:28	10.23
8			
Enticer 1-Female-100, 4km, 1km			
Maria Falvey	1	0:14:56	16.07
Zoe Pager	2	0:17:50	13.46
Montana Pager	3	0:18:01	13.32
10			
Enticer 2-Male-200, 8km, 2km			
Zane Simmons	1	0:25:43	18.66
11			
Enticer 2-Female-200, 8km, 2km			
Sabrina Zulman	1	0:28:01	17.13
Mima Schwartz	2	0:36:34	13.13

5-Run			
Run Rank	Run	Avg Pace	
1	Open-Male-Olympic		
	Craig Pager	1	0:37:11
	Alan Kaplan	2	0:42:52
	Mark Haber	3	0:51:10
	Michael Besser	4	0:53:38
2	Open-Female-Olympic		
	Suzy Cohen	1	1:07:50
4	Open-Male-Sprint		
	Roy Cohen	1	0:21:36
	Larry Cohen	2	0:23:40
	Daniel Butt	3	0:24:21
	Gad Krebs	4	0:24:35
	Josh Itzkovic	5	0:26:16
	Marty Knespal	6	0:31:13
	Malcolm Kofsky	7	0:31:42
6	Open-Team-Sprint		
	Paul/Jacqueline Stone/Stc	1	0:00:00
7	Enticer 1-Male-100, 4km, 1km		
	Oscar Falvey	1	0:07:04
8	Enticer 1-Female-100, 4km, 1km		
	Maria Falvey	1	0:07:19
	Zoe Pager	2	0:07:30
	Montana Pager	3	0:08:06
10	Enticer 2-Male-200, 8km, 2km		
	Zane Simmons	1	0:11:47
11	Enticer 2-Female-200, 8km, 2km		
	Sabrina Zulman	1	0:13:54
	Mima Schwartz	2	0:20:10