

## NSW Maccabi Triathlon and Cycle Club

## Results of Triathlon on Sunday 9 Nov 2014

	TotalTime	5-Run Place	Leg Time				
			1-Swim	2-T1	3-Bike	4-T2	5-Run
<b>1</b>							
<b>Open-Male-Sprint</b>							
Michael Rifkin	01:08:26	1	0:10:34	0:00:38	0:36:39	0:00:23	0:20:12
Craig Pager	01:09:20	2	0:14:40	0:00:26	0:35:24	0:00:29	0:18:21
Alan Rubinstein	01:14:50	3	0:12:52	0:00:22	0:39:17	0:00:34	0:21:45
Lawrence Marshbaum	01:16:41	4	0:14:14	0:00:43	0:37:55	0:00:43	0:23:06
Daniel Butt	01:19:09	5	0:13:12	0:00:50	0:38:44	0:00:53	0:25:30
Steve Madeisky	01:22:39	6	0:17:46	0:01:03	0:37:14	0:01:01	0:25:35
Malcolm Kofsky	01:23:59	7	0:15:32	0:00:33	0:40:43	0:00:29	0:26:42
Gad Krebs	DNF	8	0:13:12	0:00:43	0:00:00	0:00:00	0:00:00
Alan Greenstein	DNF	8	0:16:36	0:00:00	0:38:58	0:01:01	0:00:00
<b>3</b>							
<b>Open-Team-Sprint</b>							
Team Bonnie Lee and Alan Lackie	01:12:15	1	0:17:19	0:00:31	0:32:42	0:00:15	0:21:28
<b>5</b>							
<b>Enticer 1-Female-100, 4km, 1km</b>							
Zoe Pager	00:31:21	1	0:05:22	0:02:08	0:15:55	0:00:35	0:07:21
Taya Simmons	00:31:56	2	0:05:21	0:02:12	0:17:46	0:00:14	0:06:23
Montana Pager	00:37:05	3	0:05:50	0:02:55	0:19:22	0:00:25	0:08:33
<b>7</b>							
<b>Enticer 2-Male-200, 8km, 2km</b>							
Noah Lewis	00:36:05	1	0:05:01	0:01:23	0:18:37	0:00:30	0:10:34
Jesse Lewis	00:39:39	2	0:05:41	0:01:53	0:19:29	0:00:11	0:12:25
Benji Greenstein	00:51:27	3	0:06:37	0:01:27	0:23:51	0:00:11	0:19:21
<b>10</b>							
<b>Enticer 3-Male-300, 12km, 3km</b>							
Leo Rubinstein	00:51:57	1	0:05:56	0:01:45	0:28:29	0:00:14	0:15:33
Paul Stone	01:00:51	2	0:09:25	0:01:10	0:30:34	0:00:56	0:18:46
Zane Simmons	01:03:00	3	0:07:34	0:01:01	0:35:33	0:00:15	0:18:37
<b>11</b>							
<b>Enticer 3-Female-300, 12km, 3km</b>							
Dena Rubinstein	01:07:03	1	0:07:45	0:01:27	0:40:32	0:00:05	0:17:14

1-Swim			
	Swim Rank	Swim	Pace/100m
1			
Open-Male-Sprint			
Michael Rifkin	1	0:10:34	0:01:25
Alan Rubinstein	2	0:12:52	0:01:43
Gad Krebs	3	0:13:12	0:01:46
Daniel Butt	3	0:13:12	0:01:46
Lawrence Marshbaun	5	0:14:14	0:01:54
Craig Pager	6	0:14:40	0:01:57
Malcolm Kofsky	7	0:15:32	0:02:04
Alan Greenstein	8	0:16:36	0:02:13
Steve Madeisky	9	0:17:46	0:02:22
3			
Open-Team-Sprint			
Team Bonnie Lee and	1	0:17:19	0:02:19
5			
Enticer 1-Female-100, 4km, 1km			
Taya Simmons	1	0:05:21	0:05:21
Zoe Pager	2	0:05:22	0:05:22
Montana Pager	3	0:05:50	0:05:50
7			
Enticer 2-Male-200, 8km, 2km			
Noah Lewis	1	0:05:01	0:02:30
Jesse Lewis	2	0:05:41	0:02:51
Benji Greenstein	3	0:06:37	0:03:19
10			
Enticer 3-Male-300, 12km, 3km			
Leo Rubinstein	1	0:05:56	0:01:59
Zane Simmons	2	0:07:34	0:02:31
Paul Stone	3	0:09:25	0:03:08
11			
Enticer 3-Female-300, 12km, 3km			
Dena Rubinstein	1	0:07:45	0:02:35

3-Bike			
	Bike Rank	Bike	Average Speed
1			
<b>Open-Male-Sprint</b>			
	Craig Pager	1	0:35:24 34.58
	Michael Rifkin	2	0:36:39 33.40
	Steve Madeisky	3	0:37:14 32.87
	Lawrence Marshbaum	4	0:37:55 32.28
	Daniel Butt	5	0:38:44 31.60
	Alan Greenstein	6	0:38:58 31.41
	Alan Rubinstein	7	0:39:17 31.16
	Malcolm Kofsky	8	0:40:43 30.06
	Gad Krebs	9	0:00:00 0.00
3			
<b>Open-Team-Sprint</b>			
	Team Bonnie Lee and A	1	0:32:42 37.43
5			
<b>Enticer 1-Female-100, 4km, 1km</b>			
	Zoe Pager	1	0:15:55 15.08
	Taya Simmons	2	0:17:46 13.51
	Montana Pager	3	0:19:22 12.39
7			
<b>Enticer 2-Male-200, 8km, 2km</b>			
	Noah Lewis	1	0:18:37 25.78
	Jesse Lewis	2	0:19:29 24.64
	Benji Greenstein	3	0:23:51 20.13
10			
<b>Enticer 3-Male-300, 12km, 3km</b>			
	Leo Rubinstein	1	0:28:29 25.28
	Paul Stone	2	0:30:34 23.56
	Zane Simmons	3	0:35:33 20.25
11			
<b>Enticer 3-Female-300, 12km, 3km</b>			
	Dena Rubinstein	1	0:40:32 17.76

