



## NSFA (formally KDSA) Grassroots and Youth Player/Parent Communication

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### Dear Parents and Players

If you are not already aware, our member clubs recently voted in favour of changing our name from Ku-ring-gai & District Soccer Association (“KDSA”) to “Northern Suburbs Football Association” (“NSFA”). The new name more accurately reflects our district boundaries and the replacement of “Soccer” with “Football” is in line with changes made at a national level several years ago. Over time you will notice our website, stationery, etc. changing to reflect the new name.

### Football Development

In recognition of the planning that parents and players need to do each year, NSFA wishes to communicate early with parents about grassroots and youth development activities. Additional information will be provided as this process evolves.

NSFA has been busy reviewing existing football development structures with a view to putting in place best practice development programs for our children. Although stability can sometimes be a positive thing and can put our minds at ease, it is important that we continue to improve and evolve football development in the district and NSFA is committed to this process.

It is widely accepted that football development in Australia must move away from its obsession with:

- A win-at-all cost mentality at the expense of producing quality footballers of the future
- The long ball game or “kick and chase”
- The emphasis on physical attributes over technique and skill on the ball
- Players being identified and coached in single positions at an early age

NSFA development programs will emphasise:

- Possession-based football
- Quality foundation coaching taught by skill acquisition coaches.
- Individual player development over preparing teams for short term success.
- Players being educated in all aspects of football and given the opportunity to rotate field positions to facilitate a more complete learning.
- 1-4-3-3 formation for 11 v11 games and a modified version of this for Small Sided Football
- Building play from the back

- The importance of following the FFA National Curriculum

## **Our 2012/2013 Football Development Calendar**

### **1. NSFA Football Academy (mixed boys & girls)**

- ❖ Offered in addition to players' regular club training
- ❖ Age Groups: U6 to u13
- ❖ Target Players: Players of all abilities welcome and will be grouped with players at similar stages of development.
- ❖ Commencement Date: August 2012
- ❖ Sessions: 1-2 per week - Monday and/or Friday (in addition to players regular club training)
- ❖ Training Centres: St Ives and Chatswood
- ❖ Coaching: Experienced football development coaches to be announced soon
- ❖ Costs: Low cost/high quality football development

### **2. Skill Acquisition League – “SAL” (mixed boys/girls)**

- ❖ Age Groups: u9, u10 and u11s – play against SAL teams from other Associations (note: u9s play 7v7 and u10 and u11s will play 9v9).
- ❖ Trials: October 2012
- ❖ Sessions: 3 per week
- ❖ Training Centres: St Ives and Chatswood
- ❖ Coaching: Experienced football development coaches to be announced soon
- ❖ Costs: TBA (To be within the maximum allowable costs in accordance with FNSW rules)

### **3. Youth Development Squads (boys)**

- ❖ Age groups: u12, u13, 14 and u15
- ❖ Trials: October 2012
- ❖ Sessions: 3 per week + weekend game (in KDSA comp.)
- ❖ Coaching: Experienced football development coaches to be announced soon
- ❖ Costs: TBA (To be within the maximum allowable costs in accordance with FNSW rules)

### **4. 2013 Northern Tigers - Super Youth League (boys)**

- ❖ Youth League Age groups: u12, u13, u14 and u15 (note that U12s are no longer part of SAL)
- ❖ Trials: October 2012
- ❖ Sessions: 3 per week + weekend game
- ❖ Coaching: Experienced football development coaches to be announced soon
- ❖ Costs: TBA (To be within the maximum allowable costs in accordance with FNSW rules)

*[Note: Northern Tigers teams have the opportunity to be promoted to Premier League if the 1<sup>st</sup> Grade Men win their competition. They are currently in first place (fingers crossed!)]*

### **5. Northern Tigers Futsal (boys)**

The Futsal season is around the corner and we encourage our young elite players to participate in Futsal to improve their skills and touch on the ball through the off-season.

- ❖ Competes in the FNSW Futsal Super League competition
- ❖ Age Groups: u12, u14, u16
- ❖ Trials: August 2012
- ❖ Sessions: 1 per week plus weekend game
- ❖ Coaching: Experienced futsal development coaches to be announced soon
- ❖ Costs: TBA

**6. State Titles / Met Far North (24 - 28 September 12) (boys & girls)**

- ❖ The Football NSW State Titles are conducted annually for boys aged u11 -u15 and girls aged u12, u14 and u16 and are an essential part of the recognised pathway for State team selection.
- ❖ Trials: August 2012
- ❖ Tournament Venues:
  - u11 Boys - Non Competitive - Mudgee (Glen Willow)
  - u12 Boys - Non Competitive - Shoalhaven (Vic Zealand Oval)
  - u15 Boys - Bathurst (Proctor Park)
  - u12, u14 & u16 Girls - Dubbo (Lady Cutler Fields)

*[The Met Far North team trials are open to players within KDSA and Central Coast]*

As mentioned earlier, further information will be provided as soon as it is available.

Thank you for supporting NSFA football development and I look forward to seeing you on the park!!

James Sneddon  
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