



Women in Sport (WinS) Program Update April 2019

Introducing Our New Women in Sport Board Member

We warmly welcome Caryn Kave to the board of Maccabi Victoria (Women in Sport portfolio). Caryn is extremely passionate about engaging more women and girls in Maccabi sport and physical activity and she's excited about making an impact within the community.

Having been involved with Maccabi in some form or another for many years, primarily the netball club growing up, but in the football, soccer and cricket clubs more recently, as a parent. Caryn sees this as a great opportunity to give back to Maccabi and to use it as a platform to get more women and girls to become more engaged in Maccabi both on and off the field.

Professionally, Caryn is a qualified dietitian with a special interest in public health and disease prevention. She is currently working at AIA Australia, in the wellness strategy area. She is excited at the prospect of combining her personal passion for sport with her interest in health promotion.



Introducing Our New Women in Sport Program Co-ordinator

We're also excited to introduce Simone Grinberg as our Women's in Sport (WinS) Program Coordinator.

The role has been established as an initiative of Maccabi Victoria to encourage more Jewish girls and women to participate in sport and healthy physical activity and to adopt a positive lifestyle both on and off the field.

The primary purpose of the Coordinator role is to deliver the WIS program based on the outcomes from the WIS Strategic plan. Simone will be working hard to lay the foundations for future attraction, engagement, retention and re-engagement of girls and women in Maccabi sport.

If you'd like to contact Simone to share your ideas or to find out how you can get involved you may contact her via email sgrinberg@macvic.com.au or mobile 0438 982 891



WinS @ In One Voice Event

Women in Sport were at the Maccabi stand at In One Voice community event. It was great connecting with women of all ages to gauge their interest in all things women and sport. The valuable insights will help to shape the WinS program development.

Celebrating International Women's Day



Maccabi women and girls celebrated International Women's Day on Friday the 8th March providing a great opportunity to increase the profile and brand of the WinS program whilst promoting the #MaccabiGirlsCan attitude.

WinS Program Development

The program has been super busy identifying new opportunities to increase participation for women and girls in sport and physical activity. Meetings and discussions have been held with multiple Maccabi clubs and state-based sporting associations including the Cricket club, Cricket Victoria, Water Polo Victoria and the Water Polo club, Lawn Bowls, Soccer club, Golf club and the Tennis club. We have a lot of exciting opportunities which will be developed further in the next couple of months including the potential for offering new activities not offered before. Stay tuned for these updates.

Leadership

We are planning two leadership workshops which will be delivered by Terry Dillon Solutions, a

leading Sports Administration consultancy. The workshops will provide opportunities for women to learn the fundamentals of good governance within a sporting organisation and the Life Cycle of being a committee member/volunteer.

Mother's Day Classic - Join the WinS Team

On Mother's Day this year, hundreds of Australian community groups will be walking, running and raising funds for breast cancer research. We are pleased to announce that the Maccabi Victoria Women's in Sport Program will be joining as proud participants in the 2019 Mother's Day Classic!

We would love you to join us, so we kindly invite you, your friends and family to join our #MaccabiGirlsCan team to raise money and awareness for breast cancer research. Breast cancer is prevalent in the Jewish community, so it's even more important that we come together with our walking or running shoes on to stamp out this dreadful disease.

Mother's Day morning Sunday 12th May at the Tan, Alexandra Gardens for a 9.15am start.

Come dressed in pink and get on board with #MaccabiGirlsCan.

Join our team by registering through the below link and searching for our team #MaccabiGirlsCan or by clicking on the below image.

<https://www.mothersdayclassic.com.au/register/>



We Need Your Feedback

As proud supporters of the WinS program we value your feedback. We'd love to hear your ideas about your interests on how you'd like to be involved with the WinS program. There are many ways to get involved including; joining an activity or sporting group, leadership roles, helping with events and so much more.

Please [click here](#) to complete the WinS questionnaire to tell us how you'd like to get involved.

#MaccabiGirlsCan