



maccabi
LIFE

DIY MEMORY
WALK
& JOG
GET ACTIVE. BEAT DEMENTIA.

Bensons
- PROPERTY GROUP -

Jemima Montag

2018 Commonwealth Games
Gold Medalist

Can you
keep up
with me?



Register online - Join the walk!

28 APRIL 2019

**CHECK-IN FROM 8.00am
START 9.00am**

Maccabi LIFE in partnership with Dementia Australia presents...

MEMORY WALK & JOG - An all inclusive Community event.

Dementia is sadly an illness that touches many people in our community. We need your help to support Dementia Australia, our Maccabi Clubs and our Community by walking together to **Beat Dementia**.

Join us at **your** Maccabi LIFE - MEMORY WALK & JOG - Community event. **Get Active**, improve your **Brain Health** and help us **GIVE BACK!**

We are thrilled to have our very own 2018 Commonwealth Games Gold medallist **Jemima Montag** officiate and participate in our Walk. Register now to see if you have what it takes to keep up with Jemima!

WHEN: Sunday 28th April

WHERE: Caulfield Park. Meet at the Bandstand.

TIME: Check-in at 8am. Walk starts at 9am (Don't forget to pre-register online first)

Get Active, improve your **Brain Health** and **give back** to **BEAT DEMENTIA**.

For every dollar you or your team raise, half of the funds will be donated to Dementia Australia, 15% will go to Maccabi LIFE and 35% will go to your nominated Maccabi Club, School or Community Organisation to keep them healthy and thriving.

Getting Involved Is Easy:

1. Follow the link below - register yourself and create a team, or join our Maccabi team
2. Select either - walk 2.2kms (one lap), walk 4.4kms (two laps) or jog 6.6kms (3 laps)
3. Encourage your family, friends and work colleagues to donate to your team
4. Tickets \$20 each or \$60 for a Family (2 adults & 2 concessions) Dogs are free!
5. Contact us for further assistance - dalifewalk@maccabi.com.au or 03 9563 5885

THE FACTS



Register online today & Join our walk!
Strollers and dogs on leash welcome.

SCAN THE QR CODE WITH YOUR PHONE TO REGISTER ONLINE NOW

www.memorywalk.com.au/events/tickets/102/maccabi-memory-jog-walk-vic-



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www.maccabilife.com.au