

2012-2013

SOUTH EAST REGION



PROGRAM 2 (This timetable is subject to change. See www.athsvic.org.au for up to date timetable)

Round 1	Sat, 13 October 2012	Knox (from 1:30pm)	
Round 3	Sat, 27 October 2012	Mentone (from 1:30pm)	
*Round 5	Thur, 15 November 2012	Mentone (6:30pm)	POLE VAULT ONLY
Round 5	Sat, 17 November 2012	Glenhuntly (from 2:00pm)	
Round 7	Thu, 1 December 2012	Knox (from 1:30pm)	
Round 9	Sat, 15 December 2012	Mentone (from 1:30pm)	
*Round 11	Thur, 17 January 2013	Mentone (6:30pm)	POLE VAULT ONLY
Round 11	Sat, 19 January 2013	Glenhuntly (from 4:30pm)	

Track			Men	Women
1:30pm	2:00pm	Sprint Hurdles	All	All
1:30pm	2:00pm	1500m	All	
2:00pm	2:30pm	1500m		All
2:20pm	2:50pm	100m	All	
2:45pm	3:15pm	2000m Walk	All	All
3:10pm	3:40pm	*3000m Steeple	U20/Open	
3:10pm	3:40pm	*2000m Steeple	U18	
3:20pm	3:50pm	100m		All
3:30pm	4:00pm	*3000m Steeple	40+/50+/60+	All
3:30pm	4:00pm	*2000m Steeple	U14/U16	U14/U16/U18
4:00pm	4:30pm	4 x 100m Relay	All	
4:15pm	4:45pm	4 x 100m Relay		All
4:30pm	5:00pm	400m		All
4:55pm	5:25pm	400m	All	

*NOTES: Round 3 - No Steeplechase (to be held Round 4)

Round 9 - No Steeplechase (to be held Round 6)

Round - 2:00pm start

Round 11 - 4:30pm start

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Field	Pole Vault	Long Jump	Discus	Javelin	*High Jump
1:30pm 2:00pm	2.40m+	*6.00m+/5.00m+	*40m+/30m+	All (heat 1)	1.25m-1.50m
1:45pm 2:15pm					
2:00pm 2:30pm				All (heat 2)	
2:15pm 2:45pm		All (heat 2)	All (heat 2)		1.10m-1.30m
2:30pm 3:00pm				All (heat 3)	
2:45pm 3:15pm		All (heat 3)	All (heat 3)		
3:00pm 3:30pm	1.80m+			*40m+/30m+	1.55m+
3:15pm 3:45pm		All (heat 4)	All (heat 4)		
3:30pm 4:00pm					
3:45pm 4:15pm		All (heat 5)	All (heat 5)	All (heat 5)	1.40m-1.70m
4:00pm 4:30pm					
4:15pm 4:45pm		All (heat 6)	All (heat 6)	All (heat 6)	
4:30pm 5:00pm					1.25m-1.55m
4:45pm 5:15pm			All (heat 7)	All (heat 7)	

*NOTES: Athletes must achieve the qualifying standard to be eligible for additional attempts
High Jump will only be held on rounds 3 & 9

Round 5 - 2:00pm start

Round 11 - 4:30pm start